

# KIDDIE ACADEMY<sup>SM</sup>

## EDUCATIONAL CHILD CARE

Kiddie Academy of Lakewood Ranch

Menu Week of: 11-4-24	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	French Toast Milk	Cereal Milk	Harsh Brown and Cheese Milk	Bagel w/Jelly Or Cream Cheese Milk	Blueberry Muffins Milk
Lunch	Macaroni and cheese with veggies Pineapple Milk	Taco Fries Green Beans Mixed Fruit Milk	Fettuccine Alfredo with veggies Peaches Milk	Pizza Carrots Pears Milk	Hamburger Mixed Veggies Fresh Fruit Milk
PM Snack	Goldfish Water	Graham Crackers Fruit	Cheez It Fruit	Ritz Fruit	Vanilla Wafers Water

Milk- Whole for children under 2, Fat Free or 2% for children over 2 years old

Fresh Fruit choices- oranges, bananas, sliced apples, melons, blueberries, pears or mixed fruit, Seasonal Fruit

Bread and Pasta- Whole grain options will be used whenever possible.

All cheese- to be unprocessed and low fat

Whole grain to be included daily whenever possible.

Hydrogenated / Partially hydrogenated vegetable oils are never to be used.

Avoid fried versions of fish sticks, chicken nuggets and french fries

Due to supply chain issues certain food items may need to be substituted.